

Coronado LIVING

An Independent Publication Exclusively for the Residents of Coronado Country Club • May 2020

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The residents of *Coronado Living*! Let's celebrate the great things happening in our community! Please email **robert.walraven@n2pub.com** with your pictures, suggestions, or requests.

IMPORTANT PHONE NUMBERS

Emergency Numbers

Police, Fire or Medical Emergency	911
National Poison Control Center	800-222-1222
Mental Health Crisis Line	915-779-1800

Public Safety and Medical Services

Police Department	915-564-7000
Fire Department	915-568-5283
Texas Highway Patrol	915-855-2105

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El Paso Electric Company	915-543-5970
Southern Union Gas	915-544-6300
El Paso Water Utilities	915-594-5500
City Sanitation Department	915-621-6700

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El Paso Independent School District	915-230-2000
Coronado Montessori	915-584-5073
El Paso Country Day School	915-533-4099

The Country Club

Coronado Country Club	915-584-1171
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TOGETHER WE FIGHT COVID-19

DEAR NEIGHBORS,

Together we will find a way to get through this pandemic. Give yourself a chance to think, to meditate, to breathe, to give thanks for the simplicities in our lives. Let's be honest. We've been so spoiled. This is our opportunity to be humble and stretch outside of our comfort zone. This can be hard but it's so much easier when we do it together. It's not about the tears we shed but the smiles we spread. Smile on dear neighbors. We send you our love, *the Coronado Living team*

SHOP LOCAL

Here's hoping we can find ways to support our local business partners as they're looking for ways to take care of you! Try something new like purchasing a gift card for a meal you're going to have in the future or prepay for a treatment or service you'd like to have or give away.

MESSAGES FROM OUR BUSINESSES WHO ARE THINKING OF YOU –

Eric Alvarez, Expert HVAC & Refrigeration: Expert HVAC and Refrigeration installs UV Germicidal lights, which tie into your cooling system, and also cleans and sanitizes ductwork. We can help rid your home of bacteria, fungus, and viruses. God bless and stay safe!

Alan Morgan, Solar Smart Living: In order to be respectful of our customers' privacy and health and safety, Solar Smart Living is conducting all of our proposal appointments via Zoom or other remote presenting tools. We are also doing no-contact installations where we do not have to intrude on the privacy of our clients.

Oscar Guzman, El Paso Varicose Veins: El Paso Varicose Veins is offering *Coronado Living* residents a free ultrasound and consultation, as well as high deductible assistance! We ask that residents please use common sense and practice simple and effective measures like hand washing and social distancing. Together we will overcome this universal pandemic.

Linda Leach, Floor Coverings International: To help residents during this COVID-19 pandemic, we would like to offer every resident a 10 percent discount on any new flooring contracts signed by June 30. Special financing options are also available.

Bonnie Teng, JT Orthodontics: We're offering a virtual consultation platform for orthodontic analysis, so if you're at home and can't come to our office, and you're interested in an orthodontic consultation, we can do it remotely.

Ulrich DelaFuente, DelaFuente Insurance Services: DelaFuente Insurance Services will work with existing *Coronado Living* clients and new prospects as much as possible on reviewing their entire portfolios of home, auto, and life insurance (as well as business insurance for some), and will work to get better rates, save money, all while either offering similar or better protection!

Jonna Sougstad, Assisted Living Locators: As we all deal with a new reality, the need to find quality care for a senior loved one can be even more difficult. Assisted Living Locators has answers for families. Whether you just started to develop a plan or need immediate placement, let us take some of the stress off your shoulders ... Call us today at (915) 320-4426.

Kathleen Coleman, Sun Travel: Sun Travel has experienced travel advisories working from home M-F from 8:30 to 5:30 to address all of your travel needs. Call our main number to be connected to an advisor: 915-532-8900.

Tim Krebs, Butterfield Trail Golf Course: Stay home, stay safe, and observe social distancing. We will get through this together.

Carlo Quintana, Lariat Builder's Group: Inc.: The Lariat Companies want you to know that we stand behind our community during these difficult times. We remain steadfast and ready to serve you for any property related emergency. We have moved to virtual inspections and have tailored our process to provide a no-contact experience, keeping your health, safety and peace of mind as our top priority. Learn more by calling 915-595-FIRE.

MORE WAYS TO GIVE

The Paso del Norte Community Foundation has established the El Paso COVID-19 Response Fund in partnership with the United Way of El Paso County to support nonprofit organizations serving the most vulnerable in our community – including the homeless and elderly populations.

To donate, go online at <https://pdnfoundation.org/give-to-a-fund/covid-19-response-fund> | Give whatever you can. Every dollar counts!

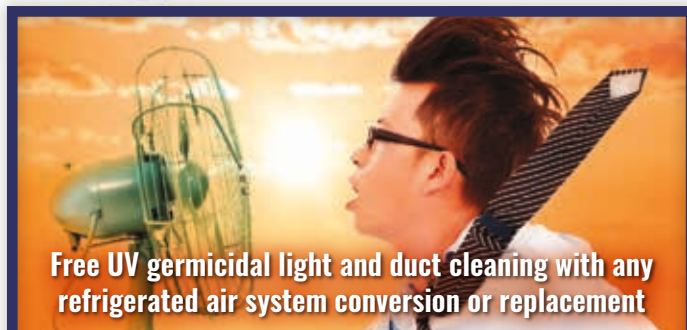
Non-Monetary Gifts

Nonprofit organizations are also in need of volunteers and cleaning/sanitation supplies.

To volunteer, please contact El Pasoans Fighting Hunger (<https://elpasoansfightinghunger.org/>) or United Way of El Paso County (<http://www.volunteerelpaso.org/>).



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Ira & Irene Batt

Sharing Their Compassion With Our Community

With his ready smile and friendly mannerism, Ira Batt is well-known in El Paso. He is a breath of fresh air and a joy to be around. A very special man whose love of people is infectious. In order to appreciate this overwhelming compassion, you need to understand how Ira has grown to be the person he is today.

As a boy, born to Jewish parents with modest means, this future businessman, father, and husband grew up in New York City. He was just 18 years old when his mother decided to take her boy and move to El Paso as she was broke and Ira was very sick. They both looked forward to a new beginning with hope and anticipation. Thanks to the El Paso Jewish community, they were welcomed and blessed with an outpouring of support upon their arrival.

One of the blessings Ira came to realize was meeting his future bride, Irene, in a local bowling alley, where both youngsters spent time with friends.

The future Mrs. Batt came from a very different background. Born in Wisconsin, Irene was taught hard work and good values by her grandfather. This former farm girl sharpened her skills at Winona Business College and later at the New York School of Interior. Irene's path also took her to El Paso, coincidentally (is there such a thing?) the same year as Ira arrived here with his mother to pursue a better life.

Before marrying Ira and moving to their Coronado neighborhood, Irene started working for GECU. Her career



there lasted 20 years. Later, she built her own home remodeling and construction company. Before retiring, Irene spent many years working with Ira in real estate.

Becoming true El Pasoans, Ira and Irene have achieved much success over the years pursuing various business ventures. Giving back to the community is a passion they share and they are grateful for what El Paso has done for their family.

While Irene is retired, “The Battman” as his friends refer to him, remains very active in real estate. Always cheerful and positive, he greets his friends with a special “Battman” handshake.

Giving Back In A Unique Way

If you follow Ira around for any length of time eventually and inevitably you'll hear him say: “For over 40 years in the Real Estate business, El Paso has been good to both Irene and me and to show my appreciation, I now give back 10 percent of my commission to worthwhile non-profit organizations.” He is committed to contributing to the future of El Paso and ensuring

that opportunities given to him will continue to be available for future generations to come.

The process is simple and a win-win-win experience for all. Anyone who is desiring to buy or sell a home, commercial property, or a business and engages Ira to serve as their real estate agent can designate a non-profit organization of their choice to receive a donation. Then, at the time of closing, Ira has the title company issue a check representing 10 percent of his commission to that selected non-profit. Ira believes that this way everyone wins. The seller or buyer wins with top-notch service, while they also win by choosing a non-profit to change a life and make a difference in the world. The non-profit wins because they receive a donation with which they can fulfill their mission and help those in need.

Here is how it works:

- *Mary refers her friend, Juan, to use Ira Batt as his agent to find a new home.*
- *Ira, using his vast experience and skills and understanding of his clients' needs, finds Juan his dream home.*
- *At the closing, Batt assigns 10 percent of his commission to be donated to a non-profit of Mary or Juan's choosing.*
- *This action will snowball into several hundreds of dollars each time, benefiting organizations helping people. A win-win for all, with warm hearts creating life-long bonds.*

This outcome means the world to this wonderful couple with a lifetime of giving. As Ira says, “After all these years serving El Pasoans, I believe this is my way of serving my clients, our community, and changing lives all at the same time.”

This great man has just one wish – that everyone would share his compassion for helping and would start practicing this win-win way of doing business.

Ira and Irene love living in Coronado and have met so many wonderful neighbors and friends who share their passion for the community they share. These relationships are the most important reason the Batts continue to live and work here and support causes that help those in need while inspiring others to make the world a better place, not just in Coronado but everywhere.

meet your neighbors

By resident **Ira Batt**



Would you like to be our cover family? Email robert.walraven@n2pub.com and we will make it easy!

A THREE-DAY WEEKEND GETAWAY TO SAN ANTONIO

travel tales

By resident, Jeannie Stringfield

.....



Going on a family vacation doesn't have to break the bank. There are so many wonderful getaways that are jam-packed with fun activities for both kids and adults stateside! A long weekend to San Antonio offers everything from adventure, to history, to delicious foodie destinations for both children and adults. Looking for a great getaway for your next three-day weekend? Check out the itinerary below and you won't be disappointed!

DAY 1:

Breakfast – Looking for fresh pastries and thoughtfully crafted coffee? Head to CommonWealth Coffee, the most darling little breakfast spot complete with a chicken coop outside for the kids to explore, as well as a gorgeous outdoor porch patio. Enjoy freshly baked pastries, brunch and the most beautiful lattes you'll ever see!

After breakfast, head to the DoSeum for a morning jam-packed full of fun. The DoSeum is a Children's Museum with exhibits built for all ages. Watch your kids explore unique science concepts with hands-on learning experiences. They'll race boats as they play the large outdoor water tables, create giant bubbles and run through the life-size treehouse. Make it a family affair and create your own music videos, and play with air tubes in the exhibits upstairs as well! The DoSeum is truly fun for all ages and it is a great way to watch your littles learn and explore.

Lunch – Looking for a great place to feed hungry bellies? Head to Playland, the most Instagram-able pizza place in town. Enjoy bubbly and delicious brick oven pizza in the coolest bright and airy hotspot. They also have fun appetizers, drinks, and stunning decor. The atmosphere is very inviting and has an artsy vibe without trying.

After lunch, go for a walk around the riverwalk and take a GO RIO River Walk tour! Buy a ticket at the booths located at the beginning or end of the river and learn about the history of how the River Walk started. Don't forget! The ride is BYOB so be sure to bring your own beer or wine and take in beautiful sights with a drink in hand.

Dinner – Finish off the night with a seafood American dinner waterside at Boudro's on the River Walk. This crowd favorite will be a hit among seafood and steak lovers!

DAY 2:

Breakfast – Grab a quick bite to eat at La Panaderia. Known for their tequila almond croissant, this flaky, creamy almond delight will kick start the day in the right direction. Sweets, not your thing? Order their avocado toast piled high with goodies. Be sure to get to the restaurant early – there will be a line outside around the building if you wait too long. So, definitely recommend you get there early to avoid the line!

Head to SeaWorld for a day of fun and learn about sea animals! Be sure to check out their list of showtimes so that you don't miss the orca show and feeding/viewing times of the different animals.

Right outside the doors of SeaWorld, get close and personal to dolphins at Dolphin Bay. You'll be able to feed dolphins and watch them interact with trainers throughout the day!

Dinner – After a day of walking, fill that belly with the most delicious pasta at Nonna Osteria, located downtown inside the Fairmount Hotel. This restaurant has the most incredible selection of wine and is known for its rooftop bar, craft cocktails, and handmade pasta. Their most well-known dish is made in a wheel of cheese tableside. It is quite the sight and by far one of the most incredible Italian restaurants in Texas, a foodie favorite you are not going to want to miss.

DAY 3:

Breakfast – Head to the most beautiful Farmers Market, located at The Pearl. Enjoy live music, fun kids activities and local vendors. The Pearl provides a unique experience as a top culinary and cultural destination. The mixed-use space features retail, dining, picturesque green spaces, a riverside amphitheater, and the third campus of The Culinary Institute of America. It is a truly stunning sight – spend the day exploring all that it has to offer.

Lunch – Make reservations at the Southerleigh. Named after prevailing Gulf breeze and the Texas Coast's proud sense of place, Southerleigh is a modern take on Texas' cross-cultural cuisine. On-premise, the brewery offers a rotating array of original-recipe, craft-batch beers. This unique restaurant is not only delicious, but it is also truly a sight to see.

Aquarium – Looking for a unique experience? Head to the San Antonio Aquarium. Although not the fanciest venue, this hidden gem is filled with hands-on animal experiences! Bottle feed a kangaroo! Get in a cage with a lemur, and feed stingrays! If your kids love animals, this is the place to be!

Dinner – Finish your trip with a step into Savor, The Culinary Institute of America's newest restaurant, and experience a meal inspired by ingredients and techniques from around the world. Your dinner is created and presented by advanced CIA students, making for a truly unique and memorable meal.

If you like this itinerary, follow along with our family adventures on Instagram and follow us at the Amongst Stringfield's Blog. @string_fields



Oh, the places you have gone! We would love to hear about your travels. Email robert.walraven@n2pub.com to participate.



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Real Estate RESOURCE

The information contained herein has been obtained through sources deemed reliable by Neighborhood Networks Publishing, Inc., but cannot be guaranteed for its accuracy. Any information of special interest should be obtained through independent verification.



Address	Neighborhood	List Price	Beds	Baths	Parking	Sq Ft
922 Broadmoor	Coronado CC Est	\$1,850,000	5	4	3 Car Garage	4,370
900 Cherry Hill	Coronado CC Est	\$1,200,000	6	4	2 Car Garage	5,576
6008 Torrey Pines	Coronado CC Est	\$879,900	3	3	2 Car Garage	3,446
800 Singing Hills	Coronado CC Est	\$749,888	4	7	3 Car Garage	9,209
6019 Torrey Pines	Coronado CC Est	\$699,997	4	6	1 Car Garage; 2 Car Garage	4,777
6113 Pinehurst	Coronado CC Est	\$699,000	3	5	2 Car Garage	4,279
1041 Singing Hills	Coronado CC Est	\$699,000	4	7	2 Car Garage	4,058
842 River Oaks	Coronado CC Est	\$615,000	3	4	3 Car Garage	5,230
800 Wingfoote	Coronado CC Est	\$499,000	6	4	2 Car Garage	6,067
6007 Escondido	Coronado CC Est	\$329,000	4	3	2 Car Garage	2,703
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1043 Los Jardines	Coronado CC Est	\$315,000	3	3		2,438



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SPRING CLEANING IN THE NEIGHBORHOOD

..... parking lot pickup was a huge success!



March 8, 2020, started out like any other Sunday, but it would be far from any old Sunday.

That was because it was the 2nd Annual Parking Lot Pick-Up at the Coronado Country Club. To get the event going, **All My Sons Moving & Storage** sent a truck and crew to help gather and transport items to be donated to the Assistance League of El Paso.

Even though the weather didn't want to cooperate – we didn't let that stop us. Edward, from All My Sons, sent part of his crew over to Coronado to stop by some of the residents' homes. A while later, he and Arturo headed over to the Coronado Country Club to meet up with the first crew. Skies were gray, it was drizzling, and it was not really warm. That didn't matter.

Soon volunteers were gathering – it felt like a gathering of friends. As soon as Priscilla arrived – everyone got caught up in the warm energy that

she has. Even with the weather, it couldn't slow the great folks that were donating goods, or the volunteers. The crew from All My Sons didn't disappoint. They continued to make trips back and forth to residents' homes and the Country Club.

The rain wasn't able to slow us down. We successfully filled the entire truck for two years in a row! We took the truck over to the Assistance League of El Paso, and with the help of some great volunteers there, we got everything inside!

A special thank you to Priscilla Cossentino and Jen Bochnowski – for everything that you do!



Is there an event in the neighborhood you'd like us to feature? Reach out to robert.walraven@n2pub.com with the details!

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- He is the past President of the Texas Association of Orthodontists and will be the President of the Southwest Society of Orthodontists in 2022. He is currently the Vice-President. He is also a past board member of the El Paso District Dental Society.
- Dr. Teng is a member of the Council on Communications of the American Association of Orthodontists.
- Dr. Teng is a graduate of:
 - University of Rochester Eastman Dental for his Orthodontic specialty residency
 - Columbia University School of Dental Medicine in New York City for dental school
 - The Johns Hopkins University for his undergraduate degree in Biomedical Engineering (Ranked as the nation's top program by U.S. News & World Report)
- Dr. Teng was appointed by Texas Governor Abbott to the Dental Review Committee of the Texas State Board of Dental Examiners.
- JT Orthodontics is the only all digital orthodontic practice in El Paso and uses SureSmile Technology.
- JT Orthodontics has an i-CAT FLX 3D cone beam x-ray machine. The award winning i-CAT Cone-beam computed tomography (CBCT) systems provide two dimensional images and three-dimensional volume reconstructions of the head area which includes ENT and maxillofacial areas for use in planning and diagnostic support in adult and pediatric care in adult and pediatric care.
- JT Orthodontics is a highly ranked Invisalign provider in El Paso & Las Cruces with the latest Itero intra-oral digital scanners. We are the specialists in Invisalign and experience matters...a lot!
- Dr. Teng is the only orthodontist in El Paso & Las Cruces using Propel Micro Osteo Perforation (MOPs), which is used to accelerate the rate of orthodontic tooth movement. MOPs has demonstrated to accelerate bone remodeling by as much as 62%. It works by placing small dimples along a patient's gum-line, in accordance with an orthodontic treatment plan. Those dimples cause micro fractures within the bone that in turn accelerate the body's local osteoclastic and osteoblastic responses.
- JT Orthodontics has a full in-house laboratory and 3D printers. Having an in-house lab and using 3D printing saves patients time and money. In addition, using 3D printing, in some cases, provides more accurate orthodontic services in a shorter amount of time.
- Dr. Teng offers FaceTime/Skype appointments and virtual consultations. JT Orthodontics also uses Dental Monitoring, which is an app patients can use to take intraoral pictures using their smartphone, which can keep treatment on track with fewer appointments.
- JT Orthodontics is an airway aware practice and incorporates sleep apnea issues with a special interest for pediatric patients.
- JT Orthodontics offers in-house, interest-free payment plans, CareCredit, as well as third party financing. We will file insurance forms for you with your insurance carrier.
- Dr. Teng loves to breakdance...

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What Is Your Favorite Memory With Your Mom?

"She would take me out of school one day a year and take me shopping. We would take the bus downtown to shop and then have lunch at Kress. I got to decide to order the tacos or a hotdog. I loved those days!" – **Susan Cenk**

"I must have been around 6 years old and my family was dealing with a major sadness, so there was not a lot of joy. My mother woke my brothers, sister, and me up in the middle of the night to go sleigh riding before the plows came through."
– **Laura Alpern**

"As kids, my brother and I used to help my mom bake cookies, then take them to our neighbors to enjoy! Fun!" – **Gary Mundy**

"Sitting on the kitchen counter watching my mom cook, something I still love doing to this day, only I'm the mom cooking!" – **Peggy Ellowitz**

"Traveling in Europe and South America."
– **Sydney Burton**

"Decorating for Christmas. I usually was in charge of putting on the lights on the real tree. That's probably why I still like to decorate for Christmas."
– **Mary Frances Allen Pedraza**

"The best short-order cook ever. She prided herself with that distinction." – **Carl Russell**

"If my Mom was alive, she would be so proud of me in marrying a perfect partner (Irene) and in what we have accomplished and now being able to help other people." – **Ira Batt**

"I remember she would always have fun with us and dress up, dance, put on shows and record silly commercials. She's always been 100 percent herself and never cared that she looked super silly or dumb. I really admire that about her."
– **Marina Anaya**

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Junior League salutes Midnight Basketball hero, Wayne Thornton.



Junior League sustaining members say good-bye to their home of 57 years



Past, present, and future leaders of the Junior League of El Paso, in chronological order.

Junior League Of El Paso

MEETING THE NEEDS OF THE EL PASO COMMUNITY

Founded in 1933, the Junior League of El Paso (the League) is an organization of women committed to promoting voluntarism, developing the potential of women, and improving our community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

The League strives to meet the critical needs of the El Paso community by initiating or collaborating with community groups on positive solutions. We concentrate on projects with high impact, providing members with meaningful and rewarding experiences that complement their professional and personal lives. Women are empowered through leadership training and development to positively impact our community. League training enables our members to reach their full potential as individuals and community leaders. There are over 500 members who give more than 30,000 voluntary hours of service to projects each year with 95 percent working outside the home. All women who exemplify a commitment to voluntarism are welcome. For more information go to www.jlep.org.

Benefits of Membership

As a member, a woman can expect to gain an awareness of important social issues, build effective communication skills, participate in fundraising efforts, and accomplish significant goals through teamwork on a variety of projects. Members also develop strong, enduring friendships through their work within the League and through involvement with community projects.

making a difference

By resident **Shari Schwartz**



Coronado resident, Shari Schwartz shares a bit about herself and her involvement in the Junior League of El Paso.

My husband, Stuart, is a fourth-generation El Pasoan and attended Western Hills Elementary School. We have lived in the neighborhood for 25 years, so our two sons grew up here, just as their dad did. Not many people live in the same area where they went to elementary school! We have the most incredible sunsets.

For 37 years, I have been a member of the League and served on numerous committees, fundraisers, chaired community projects, and held leadership positions, including being President in 1999-2000. There is no way I can measure how the League has enriched my family's and my life. It gave us an awareness of El Paso's community needs and a way to help make a difference. So many of my dearest friends are people who I met volunteering through the League.

A little bit of neighborhood trivia – when the Country Club Estates neighborhood was being developed, the land for the League's headquarters at 520 Thunderbird was donated by the Coronado Development Corporation. This building was completed in July 1962 and has been the League's home until this March, when they relocated to a temporary office while they build a new headquarters to allow membership growth, continue to strengthen partnerships and increase their impact throughout the community.



We would love to hear how you give back to the community! Email **robert.walraven@n2pub.com** and we will make it happen!



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Regenerative Aesthetics aims to recreate youth by stimulating tissue regeneration. Skin growth and repair is a robust process when we are young. As we age, cellular turnover decelerates, and collagen naturally breaks down and diminishes over time. This results in a decline of

structural components that support skin firmness and hydration- leading to the signs we know as aging. For example, by the time we are 35, half the collagen content in our skin will be lost, and after age 30 our collagen level drops 1% - 2% every year. Stem cell populations that are vital in providing healing signals from cytokines (signaling molecules) to the skin, dramatically diminish as well.

Emerging procedures in Regenerative Aesthetics involve the use of stem cell-based solutions with advanced microneedling techniques that help reduce this aging effect by stimulating collagen production. The skin's self-repair response is turned on by the thousands of 'micro-channels' created in the skin that triggers new

collagen production and allows for better transdermal delivery of the pro-healing, anti-inflammatory growth factors and cytokines applied. This will increase the effectiveness of the procedure and regenerate the skin further. The Microneedling treatment with cytokines and growth factors will leave the skin revitalized and younger looking.

This rejuvenating process stimulates the improvement in skin texture, firmness and hydration, as well as reduction in wrinkles, pigmentation, acne scars, pore size, hair loss and stretch marks.

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MEET ZIMBA, A 4-YEAR-OLD, MALE, BICHON FRISE, AND MCGUIRE, A 5-YEAR-OLD, MALE, GOLDEN LAB.

I (Jan) got Zimba after my Last Bichon died. I've had Bichons since Harry and I got married 37 years ago and my parents had one before that, and two

after that. I got him after a friend of mine who trains dogs in WA state met a breeder she really related to. When she asked if she was going to be breeding anytime soon, she was quick to ask if she could claim one of the puppies for her friend (me) who lost her Bichon and was heartbroken. What a friend!

I've had three Bichons now – each one was named before I got them. The first one was named Yabbit.

My nephew couldn't say rabbit and called them yabbits. I always thought that was so cute and bichons look a little like white rabbits – so that was his name before I got him. My second bichon's name was Oso (Little White Bear) because bichons look like little white bears. My third bichon's name was Ebetzer, a name my husband's Grandfather used for cute little things. My current bichon was named after Ebetzer had a difficult death – but was so brave.

On a Bichon rescue site, there was a pup who was named Zimba – and was regularly referred to as brave. I thought then that I would name my next bichon, Zimba. That is how my Zimba got his name.

Zimba is a frisky little thing and quite a love. He keeps me company and loves McGuire. When he first met McGuire, we were with a bunch of other dogs and he picked McGuire out of a crowd. Zimba decided that McGuire was going to be his dog, and McGuire is his dog to this day.

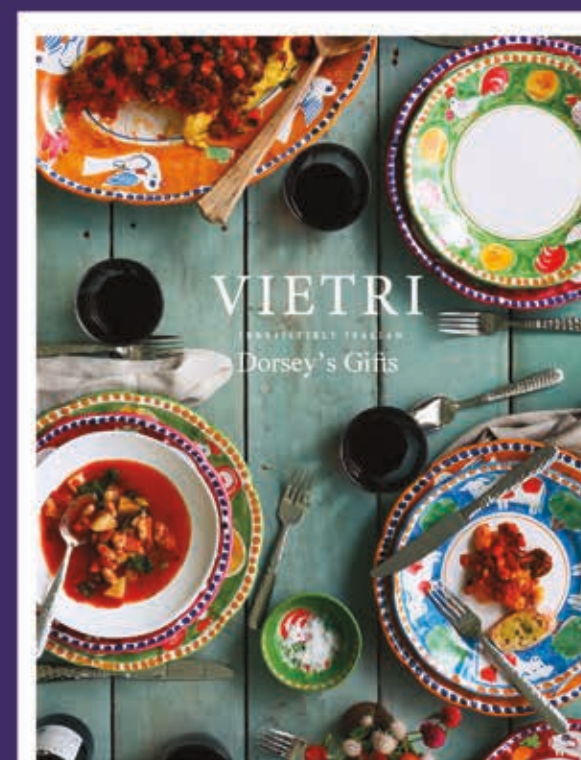
My husband, Harry, is Retired Military, a Veteran, pilot and a history buff. He names his dogs after war pilots. McGuire is named after Tommy McGuire, a WWII ace. His first dog, Alex, was named after a Russian ace and 2nd dog, Yeager, named after Chuck Yeager. So, as you can see, we have a theme for naming our dogs.

McGuire is a golden lab. He is a smart dog that learns quickly and is as sweet a dog as we have ever had. Right now, he has a spinal cord problem and walks unstably, but is happy and stays mostly inside, with Zimba nearby or around Harry and me.

We can't imagine our lives without our dogs. We try to travel with them when we can. We pick hotels that accept pets and they travel well in our car. So that is our story of how we got our dogs, named them and why we love them so.



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“Our Future Is Not Canceled – It Has Been Ignited With Our Resolve.”

Dear Coronado Residents,

The world continues its battle to contain the COVID-19 pandemic, which now has likely impacted, either directly or indirectly, nearly every person on Earth. This is far more than just a health crisis — this is a human crisis. Its fearful wake will only be bested by the bravery, perseverance, and hope of a determined world. It is more than just a dangerous illness, it is a test of our resolve.

Resolve requires more than just the courage to stare down the unknown — it is the commitment to overcome it. It all starts with the heroism of the first responders saving lives and scientists working tirelessly to find a cure. It shines on the truck drivers and market workers restocking empty store shelves. And, resolve includes the sacrifices of small businesses and working Americans that are delaying the pursuit of economic growth for the temporary social-distancing practices that are helping to contain this pandemic. This unified resolve will be the ultimate cure for COVID-19, but its side effects are proving to be costly: slower economic growth over the short-term, a rise in unemployed Americans, and the resulting volatility we continue to see in the markets.

The unified and massive response of governments around the globe is encouraging. In coordinated action with central banks all over the world, our Federal Reserve (Fed) has already cut rates and announced open-ended asset purchases in

a historically aggressive attempt to mitigate disruptions in financial markets and re-establish the free flow of credit to consumers, businesses, and state and local governments. Fed Chair Jerome Powell stated that the U.S. central bank stands ready to do “whatever it takes.” And, Congress is conducting its last negotiations on what will be at least a \$1.5 trillion fiscal stimulus package to rescue struggling businesses and impacted Americans. These monetary and fiscal policy initiatives cannot fix the problem — only scientists and doctors can do that — but they can help “fix” the recovery, by helping to make sure that as many businesses as possible are strong enough to re-start their growth engines to aid the economy as soon as this global pandemic wanes.

Nobody knows when and where this will end. But we have confidence the recovery — for our nation, our economy, and the markets — is around the corner. We also know that the S&P 500 Index is 34 percent below its all-time high (as of the close March 23, 2020) from just over a month ago and is essentially pricing in the full extent of a recession (the historical average is -37 percent in a recession). Though sell-offs are never encouraging, a bright spot is that this one resembles the severity of the market reactions during past severe pandemics.

There are more negative storylines yet to be told in this pandemic as new cases continue to grow in the United States, concern remains elevated, and market volatility reigns. Every day, we are inundated with more and more cancellations — everything from shuttered workplaces to closed schools, canceled graduations, and restricted public gatherings. But, our optimism for the near term future has not been canceled. Neither has hope. And, neither has the long-term prosperity of America, our economy, and the prospects for long-term investors to possibly participate in an eventual market recovery. Our future is not canceled — it has been ignited with our resolve.

Please stay healthy and please feel free to contact your financial professional if you have any questions or concerns. If you would like to schedule an appointment with my office, please call me at (915) 585-8770. I would be glad to meet with you.

Sincerely,
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What are Varicose Veins & Spider Veins?

Varicose veins are a direct result of abnormal blood circulation caused by a weakness in the valves which makes it a struggle for the blood to flow upward and back to your heart. With this weakness, blood flow reverses and veins become twisted and bulge. Spider veins are thin, red or blue, web-like veins that appear near the surface of the skin. Spider veins and varicose veins are pretty similar, but they each have some key

characteristics that make them distinctive from each other, mainly size.

El Paso Varicose Veins Laser Clinic concentrates on the treatment of venous insufficiency, which is the cause of varicose veins, spider veins, leg pain, and other more severe conditions. The staff at the clinic takes pride in serving our community as effectively as possible.

What are the treatment options offered at El Paso Varicose Veins Laser Clinic?
Endovenous Laser Ablation treats large,

bulging varicose veins and their underlying cause, venous valve reflux. In the last few years, the use of laser treatments has become an accepted alternative for surgical stripping. With ELT, no hospital admission or surgery is required and the entire procedure can be performed in less than 45 minutes. Briefly described, endovenous laser ablation is done under local anesthesia by using ultrasound guidance to thread a small laser fiber into the diseased vein. The doctor then delivers laser energy through the fiber, which causes the vein to close as the fiber is gradually withdrawn. After the procedure, a compression hose is worn for approximately seven to ten days. Immediately after the procedure, the patient is encouraged to walk for 20 to 30 minutes and resume normal activity. You may use non-aspirin based pain medications if needed.

With **ambulatory phlebectomy**, varicose veins are removed through a series of tiny punctures using local anesthesia. This is an outpatient



procedure with minimal to no scarring. The procedure takes roughly 20 to 45 minutes and you may resume your normal activities immediately. We ask that you walk, bike, or use a treadmill for a maximum of an hour for a few days after the procedure.

During **sclerotherapy**, we inject a small volume of liquid into the diseased vein, which causes the vein to shrink, close, and gradually disappear. Sclerotherapy is used for spider veins and small varicose veins and might require multiple sessions depending on the number of diseased veins. It is performed in the doctor's office and no anesthesia is required. The procedure takes 15 to 20 minutes. After the procedure, a compression stocking should be worn for two to three days and patients should exercise for up to an hour every day for a few days after the procedure.

All of our procedures are outpatient procedures, allowing you to resume your normal daily activity immediately. There may be some minimal discomfort in the treated areas. We use state of the art technology and FDA approved solutions, ensuring your comfort and safety.

What led you to where you are today?
A concern for a medical problem that is misunderstood by sufferers and is more common than most people know. Locally and nationally, this problem affects 55 percent of women and 45 percent of men. The local and regional need is great. Sixteen years ago, EPVVLCL was founded to help serve this community with the newest and most effective means available world-wide.



What is the main purpose of the clinic and how was it started?
The clinic specializes in the diagnosis and treatment of varicose veins and its underlying cause. The clinic only treats varicose veins and uses the most comprehensive therapies available in the country.

What differentiates your clinic?
The clinic utilizes 16 years of experience and training of its staff through the direct supervision of the clinic's physicians. The clinic includes a board-certified vascular surgeon who is proud to deliver comprehensive and compassionate care. "The clinic goes above and beyond to make patients feel comfortable and well informed. We make ourselves available 24/7 to our patients."

What is your advice to the Coronado community?
Varicose veins, and the symptoms they cause, are a very treatable problem with 97 percent effectiveness. Symptoms are resolved almost immediately post-treatment. Diagnosis should be sought as soon as possible because this problem is progressive and will worsen with time. "The sooner you seek treatment for symptoms, the better for patients."

El Paso Varicose Veins Laser Clinic feels blessed to have the opportunity to serve our community. With 16 years of experience, we feel absolutely confident that we are the community's best option for thorough and comprehensive treatment. We are proud to provide a very friendly and experienced environment.

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1300 Murchison Dr., Suite 110, El Paso, Texas 79902 | (915) 577-0121

HUMAN KINDNESS

IN THE TIME OF CORONAVIRUS

The year 2020 will forever be remembered as the year of the Coronavirus. But what a shame if we give COVID-19 and its devastating effects center stage instead of focusing on all the human kindness it brought with it.

The travel industry was the first of many industries to be hit hard by the global pandemic. Travel essentially came to a standstill. And yet, while it feels like we are in the middle of a freefall, the support from our friends and travel industry partners has made the journey much less devastating, both personally and professionally, as a business owner. In our 55 years of business here in El Paso, nothing – including the terrorist attacks of 9/11, the financial crisis of 2008/2009, and the Ebola crisis combined – has completely paralyzed travel so quickly. In the beginning of March, we were still hopeful that the impact of the spread of the

coronavirus on travel would be minimal. By March 12, we were inundated with calls from clients wanting to postpone their trips or cancel their travel plans altogether.

Our advisors immediately began contacting our travel suppliers, who were extremely sympathetic. Together, they worked long hours to not only bring our customers (including many study-abroad students) home safely but to determine a course of action to ensure that customers received the best value when postponing or canceling their vacation.

The preferred relationships we have with our travel partners enable us to offer special perks to our customers – including value-added amenities, a room when a hotel is full, special pricing and discounts, etc. In the midst of this crisis, their support has expanded to include up-to-the-minute notification of itinerary changes, liberal cancelation policies, future travel credits valued at up to 225 percent of the original value and special group and travel advisor help desks to minimize hold times to allow advisors to help more customers.

Perhaps the most welcome support came in the form of protected commission on reservations that were being postponed and canceled. Many travel advisors only charge a small fee for the hours spent researching vacation options, making reservations, arranging flights, managing special room requests and dinner reservations and communicating all of this with their customers. Commission paid to an advisor by hotels, cruises and tour operators is a major part of their compensation. Without this commission protection, the work they had done for so many over the course of several months would essentially have been done for free.

If there is one thing we should all take away from 2020, it's that relationships matter. We've seen it in social media when a friend posts a need and many respond. It was apparent in the outpouring of support after the El Paso mass shooting last August. In the travel industry, relationships are what we have always touted as the main advantage of booking your travel with a travel advisor – both the personal interaction between advisor and customer and the invaluable partnership between the travel agency and our preferred travel partners. CoronaVirus has tested all of our relationships, but in our travel world, and, hopefully, in yours, it has made them that much sweeter.

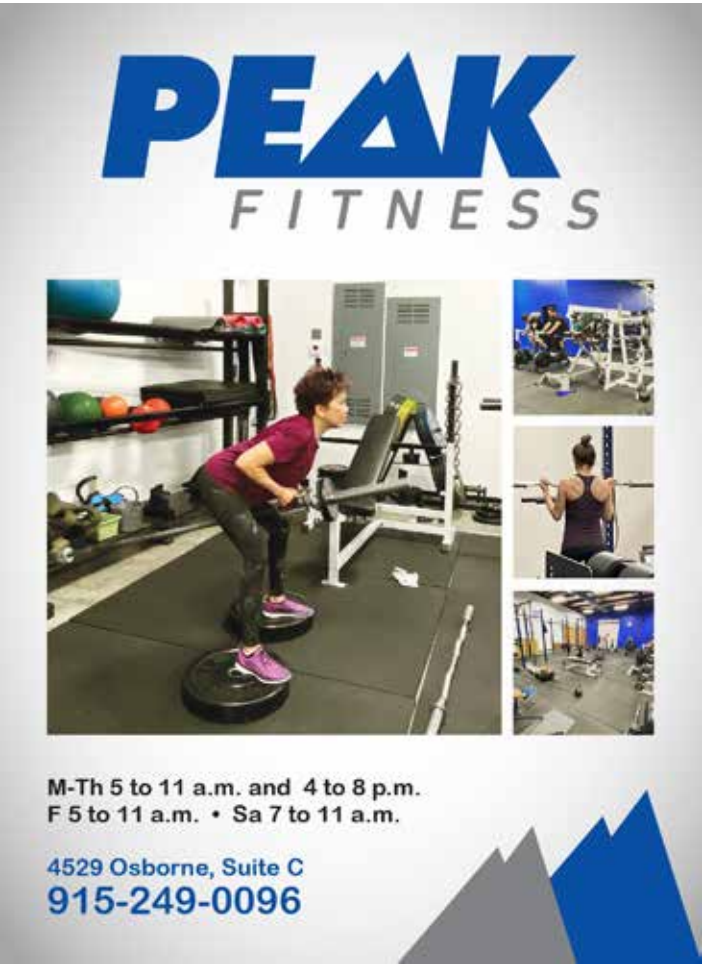


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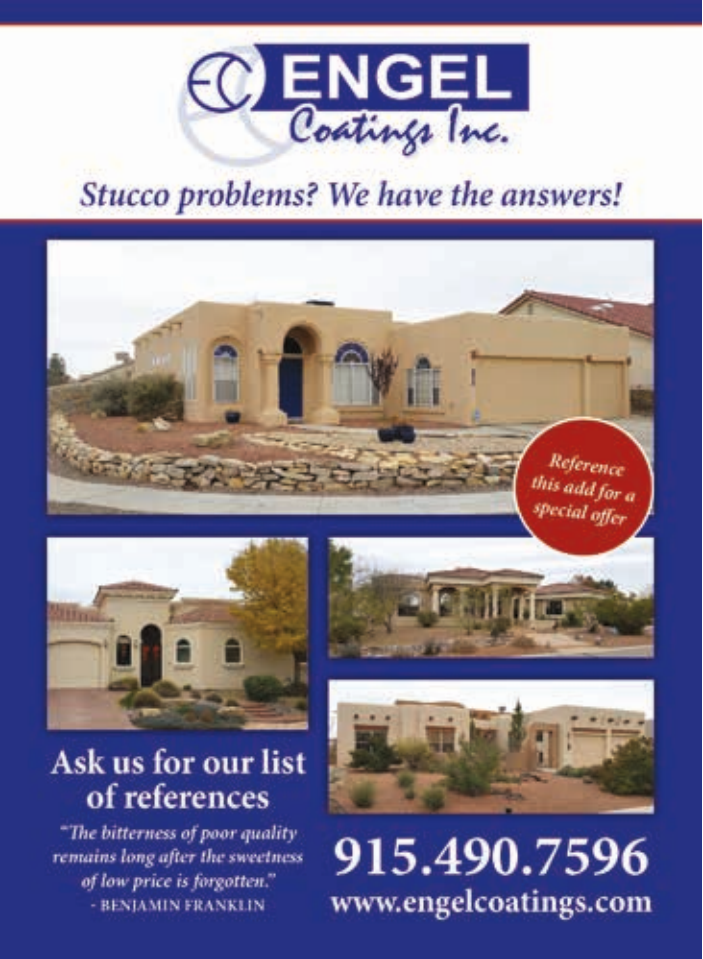
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kid speak

By Jr Resident
Samantha Fowlkes

out of the mouth of SAMANTHA FOWLKES

FAVORITES:

Activities/Hobbies: *Playing with Play-Doh,*

Combing Dollies' Hair, Going to the park

Animal: *Unicorn*

Color: *Purple*

What was the funniest thing that ever happened to you?

When Olaf called for "Samantha" in *Frozen 2* and I thought he was looking for me

If you were a dessert, what would you be?

Ice Cream

If you could make a new holiday, what would it be?

Kids' Day!

What would you wish for if a genie gave you three wishes?

A bucket, a basketball, and a butterfly

If your pet could talk, what would it say?

But she can't, she's a doggy.

What would you do if you were a parent for a day?

Make you do your homework and let you eat ice cream for breakfast.



Do you have a little one with a lot to say? We would love to feature them! Email robert.walraven@n2pub.com for details.

Name: Samantha Fowlkes • **Age:** 3

Grade: Daycare Level at Daycare Junction at First Baptist Church

Brother: Benjamin, age 2

Sports I Play: Riding my pink scooter around the neighborhood

When I grow up I'm going to be: Elsa from *Frozen*

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SCOOPY-DOO AND THE LOST CITY OF GOLD

May 27, 2020, 6:30 pm

Plaza Theatre

NB RIDAZ, LIL ROB, MC MAGIC, KARLAAA

June 12, 2020, 7:30 pm

Plaza Theatre

EL PASO PSYCHIC FAIR

June 20-21, 2020, 11:00 am-7:00 pm

Hawthorn Inn

1700 Airway Blvd.

CRISTIAN CASTRO: THE HITS TOUR

June 25, 2020, 8:00 pm

Plaza Theatre

PINK FLOYD LASER SPECTACULAR

June 26, 2020, 8:00 pm

Plaza Theatre

125 W Mills Ave.

El Paso, Texas 79901

INTOCABLE

June 27, 2020, 8:00 pm

Plaza Theatre

****All events were current as of the
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Attention Coronado Residents: If you own or run a business, and would like to have it listed absolutely for FREE in an upcoming issue of *Coronado Living* within the Resident Business Guide Section, please email Robert.Walraven@n2pub.com.

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